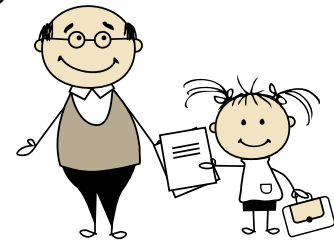


BETTER INTERACTIONS BETTER BEHAVIOR

Try these tips to increase positive interactions in the lives of all young children—
and watch their behavior improve!

Teacher-child interactions

Try this with kids...



Brief Reflection Tool

1. Do I monitor my body-language messages?	Yes Sometimes No
2. Do I consider what I say before I say it?	Yes Sometimes No
3. Do I demonstrate sincerity?	Yes Sometimes No

Engage in self-reflection

Ask yourself questions
(A self-reflection tool like this one can help!)*

Use "I" messages

"When you dump food on the floor, I have to stop what I'm doing and clean up the mess. It makes me feel frustrated."

Non-accusatory; great way to involve the child in solving the problem.

Start positive, organic conversations

- Ask kids about their interests
- Let them lead the discussion
- Communicate genuine interest in their thoughts & feelings

Do this every day!

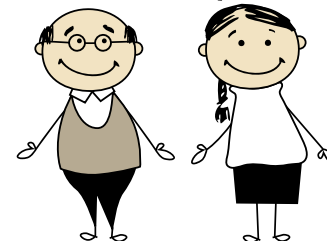


Listen more than you talk

- Take time to hear what the child is saying
- Don't jump in with advice right away
- Repeat the message back in different words
- Encourage child to think about the problem and identify a solution

Teacher-parent interactions

Try this with parents...



Wonder out loud with them

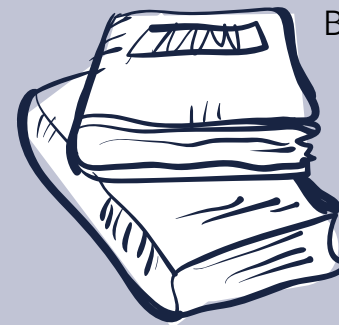
Use gently probing questions to unearth parent insights

"I wonder what could be causing stress for Ben?"

Practice active listening

Don't take a parent's frustration or criticism personally. Try to hear the worries behind the criticism and focus on how to help.

Reassure them with info on developmental norms



Brush up on developmental milestones and share your knowledge with parents to ease their anxieties and help them adjust expectations.

Respect their perspective

Parents are experts on their kids! Recognize the value of any ideas or solutions they offer.

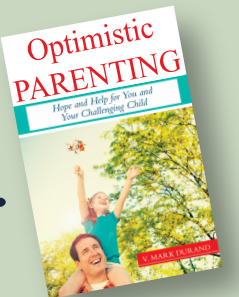
Child-parent interactions

Share these tips with parents...



Cultivate optimism

Reframe negative thoughts as positive thoughts.
(This book can help!)



Establish a clear family vision and expectations

FAMILY RULES

Be kind
Be respectful
Clean up after yourself
Listen to your parents



Post these rules prominently in the house.

Organize the home to minimize frustrations

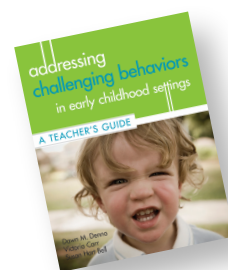
- Is there enough storage for everyday items?
- Does furniture placement allow for easy child supervision?
- Does each family member have enough personal space?
- Have safety issues been addressed?
- Are items needed for activities easily accessible?

Use reinforcements

Reinforce positive behaviors with small incentives or visual aids.



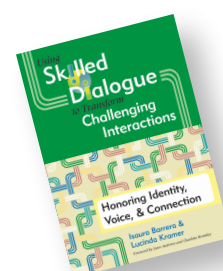
The information in this infographic is adapted from the following early childhood resources:



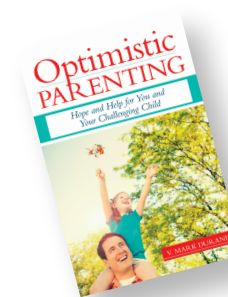
Addressing Challenging Behaviors in Early Childhood Settings,
by Dawn M. Denno, Victoria Carr,
& Susan Hart Bell



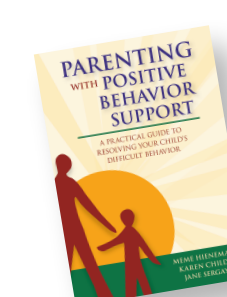
Little Kids, Big Worries,
by Alice Sterling Honig



Using Skilled Dialogue to Transform Challenging Interactions,
by Isaura Barrera & Lucinda Kramer



Optimistic Parenting,
by V. Mark Durand



Parenting with Positive Behavior Support,
by Meme Hieneman, Karen Childs, &
Jane Sergay

BROOKES
PUBLISHING CO.

www.brookespublishing.com